



EU-LIFE Woman Postdoc Mentoring Programme

Short bios of mentors



Sheila Vidal

Head of Research Funding Affairs Unit

IGC (Instituto Gulbenkian de Ciência)

Oeiras, Portugal

Sheila Vidal is a highly skilled professional with nearly twenty years of experience in research management. She currently serves as the head of the Grants Office at the prestigious Instituto Gulbenkian de Ciência, part of the Fundação Calouste Gulbenkian in Portugal. As a mentor, Sheila brings an array of knowledge to the table, providing invaluable guidance in conceiving and implementing pre-award grant management strategies, both at the individual and institutional levels. Her extensive experience in research funding policies and her proven track record of successfully supporting Life Science researchers in assembling proposals for prestigious national and international research grant programs make her an exceptional choice for anyone seeking support in this area. Sheila's areas of expertise include providing grant application advice, delivering advanced training modules on grant development, and offering guidance in career development and training for young research managers. If you are looking for a mentor to help you navigate the intricacies of moving professional paths, research management and grant applications, Sheila is an excellent choice.